TIDE Academy

Course Selection

Jan. 2024
Meet Our Team

TIDE Academy Counselors

Ming Hsu
Counselor
9th & 10th

Lara Sandora
Counselor
11th & 12th

Cristal Hernandez
GIS/
Counseling Intern

Dalilla Amezcu
Bilingual Site
Parent Liaison
Course Selection Timeline

Understanding the process
Course Selection for 2024-25

Presentation in Nucleus

February
11th- 2/9
10th- 3/4, 3/11, 3/18, 4/1
9th- 2/2, 2/12, 2/14, 3/1

Family Receive email confirmations

March
Email sent after students submit their requests and counselors lock requests

Priority deadline for course selection changes

April
Submit change request form online

May
Deadline: 05/08/24
The Foundation of Course Selection

01 Academics

02 Personal/Social

03 Post Secondary
   College/Career
## Academics: Graduation Requirements

Credits: **220** total credits IN Required Courses:

<table>
<thead>
<tr>
<th></th>
<th>Credits</th>
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<tbody>
<tr>
<td><strong>Social Studies</strong></td>
<td>37.5 credits</td>
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<tr>
<td><strong>English</strong></td>
<td>40 credits</td>
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<tr>
<td><strong>Math</strong></td>
<td>20 credits</td>
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<tr>
<td>(10 credits must be Algebra)</td>
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<tr>
<td><strong>Science</strong></td>
<td>20 credits</td>
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<tr>
<td>(10 credits must be lab science)</td>
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<tr>
<td><strong>World Language III + or CTE (Career Technical Education)</strong></td>
<td>10 credits</td>
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<tr>
<td><strong>Visual Performing Art (VPA)</strong></td>
<td>10 credits</td>
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<tr>
<td><strong>Physical Education (P.E.)</strong></td>
<td>20 credits</td>
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<tr>
<td>(10 credits may be met through 3 seasons of sports in 10th-12th grade)</td>
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<tr>
<td><strong>Life Skills</strong></td>
<td>2.5 credits</td>
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 Transcript Review

1. Go to portal.seq.org
2. Click on Campus Parent
3. Log in with assigned username and password
<table>
<thead>
<tr>
<th>School Year</th>
<th>Report Card</th>
<th>Transcript</th>
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<tbody>
<tr>
<td>22-23</td>
<td>Progress Report Card Q1</td>
<td>UNOFFICIAL TRANSCRIPT</td>
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<td></td>
<td>22-23 TIDE Academy</td>
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<td>Progress Report Card Q3</td>
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<td>Quarter Report Card Q1</td>
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<td>22-23 TIDE Academy</td>
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<td>Quarter Report Card Q2</td>
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<tr>
<td></td>
<td>22-23 TIDE Academy</td>
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</tbody>
</table>
You will build the rest of this transcript as you progress through high school!
Academics: Nuts & Bolts

01 College Preparatory:
any class with a “-P” following the title in Infinite Campus

02 Dual Enrollment:
- Single Credit (formerly Concurrent Enrollment)
- Dual Credit = college and high school credit “-DC” on transcript
Academics: Balance

Self-Advocacy
STUDENTS should initiate conversations with current teachers

Focus on your strengths
Taking challenging courses in areas of strength and interest to YOU
Academics: Balance

Working Space
- Does your home environment support learning?
- Is there a quiet place for school work that is not too distracting?
  - [Focus Chrome extension](https://www.focus.com)

Well-being
- Don’t let academic commitments interfere with your health and well-being.
- Is your course load too rigorous to allow time for other things?
**Academics: Sample Schedules**

10th Th Requirement for all:
- ✔ Nucleus
- ✔ English 2
- ✔ World History
- ✔ Spanish (next level) -DC
- ✔ Math (next level)

Choices to make:
- ✔ PE-2 or 3 seasons of HS sports from 10th to 12 grade
- ✔ Science: Astronomy OR Chemistry
- ✔ Career Pathway
  - Graphic Interactive Design (DC)
  - Computer Sci/Mobile Apps (DC)

Electives:
- TASC
- Psychology
- Yearbook/Digital Photography
- Digital Journalism I
- Multimedia Design
**Academics: Sample Schedules**

11th Grade Requirement for all:
- Nucleus
- English 3
- U.S. History (DC)
- Math (next level)
- Continue Career Pathway
  - Graphic Interactive Design (DC)
  - Computer Sci/Mobile Apps (DC)

Choices to make:
- Science: Chemistry / Physics / Astronomy
- Spanish (next level) - DC
- Electives:
  - TASC
  - Digital Journalism I or II
  - Yearbook/Digital Photography
  - Psychology
  - Multimedia Design
Academics: Sample Schedules

12th

Requirement for all:
- Nucleus
- English 4 (DC)
- Economics and Government
- Continue Career Pathway
  - Graphic Interactive Design (DC)
  - Computer Sci/Mobile Apps (DC)

Choices to make:
- Math (next level) - DC or SC
- Science: Chemistry / Physics / AP Physics
- Spanish (next level) - DC
- Electives:
  - TASC
  - Digital Journalism I or II
  - Yearbook/Digital Photography
  - Psychology
  - Multimedia Design
Academics: Next Steps

Course Selection in Nucleus

Juniors
February 7

Freshmen
Beginning 2/09

Sophomores
Beginning 3/04

Information about both career pathways will be presented to all 9th graders on 02/07
Academics: Next Steps

01 Nucleus/FLEX Appointment
   Individual counselor meeting w/ student to finalize requests

02 Course Requests emailed to families
   Please review when received in late March/April

03 Request for changes
   Please have student fill out a digital form
   Priority deadline for changes: May 08, 2024
Recommend Reading

That Crumpled Paper Was Due Last Week: Helping Disorganized and Distracted Boys Succeed in School and Life, by Ana Homayoun:
Support for teens with executive functioning challenges.

The Myth of Perfect Girl: Helping Our Daughters Find Authentic Success and Happiness in School and Life, by Ana Homayoun:
Support for teens in finding their own true self.
Recommend Reading

*How to Raise an Adult, by Julie Lythcott-Haims:*
What can and should your teen be doing for themselves? *(Spoiler Alert - the college application process is one of those things!)*

*Where You Go is Not Who You’ll Be, by Frank Bruni:*
There are a LOT of “right” answers in the college process.

*Who Gets in and Why, by Jeff Selingo:*
Don’t wait in line for a club where you hate the music. Don’t apply to colleges where you don’t want what is offered.
Thank you!

Questions?

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