



# SEEDS OF CHANGE

a leadership  
development  
initiative

## WHAT IS SEEDS OF CHANGE?

Seeds of Change is a year-long program that provides innovative training and support to advance girls' and women's leadership as they transition through high school and college to successful careers.

## INTERESTED?

**Reach out to Ms. Ghosh**  
**[sghosh@seq.org](mailto:sghosh@seq.org)**

## WHAT DO YOU DO IN SEEDS OF CHANGE?

Seeds of Change brings together high school students to deep dive into important topics, like mentorship and negotiation, to build leadership skills critically important for success in school and career. Through videos, reflection, and discussions, participants hear about and share experiences, gaining insight into their own leadership and learning from others.

**For more information about Seeds of Change visit us at**  
**[womensleadership.stanford.edu/seedsofchange](https://womensleadership.stanford.edu/seedsofchange)**